```
          Frequency          R/Q              Q            n        Polarization_Angle
           [Hz]          [Ohm/m^(2n)]                               [Radians/2pi]


&long_range_modes
lr(1) =   2.512896E+009        21180        8867            1         0.00
lr(2) =   2.513556E+009        76777        1472            1         0.00
lr(3) =   2.514671E+009        81083        8557            1         0.00
lr(4) =   3.068192E+009          632      186198            1         0.00
lr(5) =   3.073245E+009         3971       64567            1         0.00
/
lr(1 ) =   2.512896E+009        21180        8867            1         0.00
lr(2 ) =   2.513896E+009        21180        8867            1         0.25
lr(3 ) =   2.513556E+009        76777        1472            1         0.00
lr(4 ) =   2.514556E+009        76777        1472            1         0.25
lr(5 ) =   2.514671E+009        81083        8557            1         0.00
lr(6 ) =   2.515671E+009        81083        8557            1         0.25
lr(7 ) =   3.068192E+009          632      186198            1         0.00
lr(8 ) =   3.069192E+009          632      186198            1         0.25
lr(9 ) =   3.073245E+009         3971       64567            1         0.00
lr(10) =   3.074245E+009         3971       64567            1         0.25
```